

Nebo School District Board of Education

Policy IGAI

HEALTHY RESPONSIBLE LIFESYLE EDUCATION

Due to the sensitive nature of teaching in the area of human reproduction, maturation, sexually transmitted diseases, human relationships, and other related issues, it will be the policy of the Board of Education to approve curriculum by using the process in the accompanying administrative procedure.

The Board directs that the District procedure (IGAI-P) require all healthy lifestyle related curriculum be approved under the direction of a standing committee of citizens and District officers who represent a cross section of the District. It further directs the Healthy Responsible Lifestyle Committee to allow only information, materials, books or media that promote the importance of marriage and the family; sexual abstinence before marriage, and fidelity within marriage; the preservation of decency; healthy personal and family relationships; moral development; personality development; physiological growth; and hygiene. The Healthy Responsible Lifestyle Committee will disapprove any curriculum discussing perversion, homosexuality, contraception, promiscuity, and abortion, except when presenting the negative consequences thereof.

Approved: 2-9-94

Nebo School District Board of Education

Administrative Procedure IGAI-P

HEALTHY RESPONSIBLE LIFESYLE GUIDELINES

All healthy responsible lifestyle materials to be used will be approved and/or restricted by either the Healthy Responsible Lifestyle Committee, the "Committee," or the local school Library and Instructional Materials Screening Committee (File # IIA-P), the local "Screening Committee," in accordance with this policy. The Healthy Responsible Lifestyle Committee will review materials which are proposed for District-wide use. A list of Committee approved/restricted/rejected materials will be placed in the District Instructional Media Center (IMC) and will be sent to the principals as changes occur. All other healthy responsible lifestyle materials will be approved and/or restricted by the local Screening Committee. Local Screening Committee decisions must be based on this policy and procedure. A list of Screening Committee approved/restricted/rejected materials will be maintained at the local school and provided to the Committee on request. Any local Screening Committee decision may at any time and on request of the Committee or any interested party be submitted to and reviewed by the Healthy Responsible Lifestyle Committee for a final decision. Appeals of decisions made by the Committee will follow the regular District appeals process.

GENERAL INFORMATION

1. **No** program at any level will include discussion of any of the following topics:
 - a. Sexual intercourse, sexual stimulation, erotic behavior, etc. (The term "sexual intercourse" is authorized for use when needed to clarify medical and scientific instruction.)
 - b. The acceptance or advocacy of homosexuality as a desirable or acceptable sexual adjustment or life style.
 - c. The acceptance or advocacy of contraception, including "how to" approaches to contraceptive techniques and devices.
 - d. The acceptance or advocacy of promiscuity and premarital or extramarital sex.

e. The acceptance or advocacy of abortion.

2. Due to the extremely sensitive nature of the whole area of healthy lifestyles, educators must use only materials approved by the Healthy Responsible Lifestyle Committee and/or the local Library and Instructional Materials Screening Committee.
3. Every effort will be made to provide an appropriate atmosphere for the teaching of healthy lifestyle education. Care will be exercised to avoid any remarks or actions which could be misconstrued by students or which might embarrass them. Young people are very sensitive, are easily embarrassed and may have personal concerns which need to be handled privately.
4. Teachers must note the restrictions for use of the materials and use them accordingly. Such restrictions may refer to a specific grade level, whether they are to be viewed with boys and girls together or separately, be used by or with the public school nurse, etc.
5. The discussion of contraception will not be curriculum initiated.
6. All materials being approved will be based on the best scientific knowledge available with a caution against using absolutes concerning transmission of HIV.
7. These guidelines apply to any certified personnel, substitute or classroom presenter.
8. Principals and teachers are responsible to be informed of and to comply with these policies and procedures. District administrators will ensure yearly review and training.
9. Notification of parental right to review materials will be made annually in the "District Report to Parents and the Community."

COMMITTEE COMPOSITION

Decisions relating to all matters of instruction in the public schools of the Nebo School District in the area of healthy responsible lifestyle must be made under the direction of a committee organized in the following way and functioning as outlined.

The Healthy Responsible Lifestyle Committee will be composed as outlined below and will be chaired by the District Curriculum Coordinator. The chairperson will be responsible for the execution of this procedure, assure its proper function and be responsible for the appropriate utilization of the information, materials and media approved under this procedure. The committee will consist of twelve members as follows:

Recommended by	Public Represented	Term of Office	Membership
Entire Board	One member of the Nebo Board of Education	Ex-Officio	1
Board/Superintendent/	Parents/Patrons	3 years	5
Staff			
Superintendent/Staff	Nebo District	3 years	5
	Educators		
Superintendent/Staff	School Nurse	3 years	1

TERMS OF HEALTHY RESPONSIBLE LIFESYLECOMMITTEE MEMBERSHIP

Terms of Healthy Responsible Lifestyle Committee membership will be three years except that initially terms will be one year, two years, or three years in order to ensure that all terms do no expire simultaneously. This will be done randomly within each group to ensure maintenance of committee balance.

A committee member missing two consecutive meetings may be subject to replacement.

RULES OF PROCEDURE

- A. The committee will function under the same rules as the Nebo School Board as specified in their Rules of Order policy ([#BDDE](#)).
- B. The committee will meet the first Wednesday of each month, unless canceled by the chairperson. An unscheduled meeting may be called as needed. A majority of the committee must be present to conduct business.
- C. The committee will approve or disapprove materials by majority vote of members present.
- D. Any individual or group may present materials or programs to the committee for its approval.
- E. The committee chairperson will appoint a secretary, not a member of the committee, who will keep a record of the proceedings of the meetings and disseminate same to the committee members and Board of Education upon request.
- F. The committee may establish procedures (rules and regulations) governing its own function.

Approved: 2-8-95

Nebo School District Board of Education

Exhibit IGAI-E

PARENTAL PERMISSION FOR INSTRUCTION

Subject

Teacher Presenter

Class Period

Date of Presentation

Information on Preview

Dear Parent,

Written parental/guardian permission must be secured at the school level before a student may participate in any special healthy lifestyle presentation under the direction of the school nurse, adult roles, and teen living courses.

YES I give permission for my student (Student's Name) to receive the instruction.

NO I refuse permission for my student (Student's Name) to receive the instruction.

I understand I may change my response by giving written notice to the school.

(Date)

Signature of Parent/Guardian

Please Return This Form To The Teacher

Approved: 6-28-95